

## God, I'm sorry....

It has been said that the four most powerful phrases in human language are- "I am sorry," "Please forgive me," "Thank you" and "I love you." These four phrases would make our lives much happier and more fulfilling if we actually could say them out loud to our friends and loved ones. However, they seem to be used very infrequently in our daily lives because of our ego's need to constantly be "right." I challenge you to be bigger than your ego.

Take charge of your life by being kind, loving, and forgiving rather than your ego always having to be controlling or be right. The following is an example of a prayer using these phrases. Use it or make up your own and begin saying it out loud 3 times a day. I play these phrases over and over in the background of my mind all day. The more you say them inside your own mind the more you will actually find yourself saying them out loud to the people in our lives that need to hear them. Your life will be truly blessed if you choose to use this gift.

God, I am sorry for the times I have not followed you. Please Forgive me for the days I have disregarded your love and sought my own personal gain. Help me to walk each day with Faith and Trust in You. Help me to focus on seeing you in every person. I am thankful for all the experiences in my life. I know that everything you allow in my life helps me to grow toward you. Thank you for the sacrifice you made for me. Open my eyes and ears to the lessons you want me to learn today. The appreciation and gratitude I have for you will flow through my actions today to everyone I meet. Use me today to make the world a better place.

I Love You.