

Restoration Prayer

God, please locate the cause of my feeling/thoughts of _____ . Take each and every level, layer, area and aspect of my being to this origin. Analyze and resolve it perfectly with God's truth. I ask you to heal every incident and its appendages based on the origin of the thought/feeling. Please resolve it according to God's truth until I am in the present moment filled with God's light and truth. Bathe me in God's peace and love. I forgive myself for all my incorrect perceptions. I forgive every person, place, circumstance, and event which contributed to this/these feelings/thoughts. With total forgiveness and unconditional love, I allow every physical, mental, emotional, and spiritual problem and inappropriate behavior based on the negative origin to transform and heal. I choose being _____. I feel _____. I am _____.

(Use appropriate positive feeling in each blank line to replace the negative feeling/thought.)

It is done. It is healed. It is accomplished NOW!

Thank you, God!