

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Bacon Cheeseburger Baked Chicken

From www.730sagestreet.com

2 ½ pounds boneless skinless chicken breast, or chicken tenders
1 pound ground beef
12 oz cooked bacon (nitrite-free)
2 Tbsp ranch seasoning
2 ½ cups shredded cheddar cheese
2 Tbsp unsalted butter

1. Preheat oven to 350° F.
2. Brown ground beef and drain.
3. Cut chicken breasts into 1 inch strips.
4. In the same pan that you browned the beef, add butter to the pan and sauté the chicken until cooked through.
5. Arrange the chicken in a single layer in a large casserole dish.
6. In a large bowl, mix ground beef, sour cream and ranch seasoning.
7. Spread ground beef mixture over the chicken, then layer the cheese on top and add the bacon.
8. Bake uncovered for 20 minutes or until chicken is cooked through and edges are browned.