

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Almond Butter Blondies

From www.paleomg.com

1 cup almond butter
¼ cup honey
¼ cup maple sugar or coconut sugar
1 egg
1 teaspoon vanilla extract
½ teaspoon baking soda
pinch of sea salt
½ cup dark chocolate chips

1. Preheat oven to 350 degrees F.
2. Grease an 8×8 baking dish.
3. Mix together all ingredients and fold in chocolate chips.
4. Pour mixture into baking dish and spread out evenly
5. Bake for 20-23 minutes (the top will seem a bit soft but will harden when cooled). Let cool for about 10 minutes before slicing.