Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Almond Flour Cinnamon Coffee Cake

From www.elanaspantry.com

Cake

- 2 1/2 cups blanched almond flour
- 1/4 teaspoon sea salt
- 1/2 teaspoon baking soda
- 1/4 cup coconut oil
- 1/2 cup honey
- 3 large eggs

Topping

- 1/4 cup coconut oil, melted
- 1/4 cup coconut sugar
- 2 tablespoons ground cinnamon
- 1/2 cup sliced almonds
- 1. Grease a 9-inch round metal baking dish with coconut oil and dust with almond flour
- 2. In a food processor, combine almond flour, salt, and baking soda
- 3. Pulse in coconut oil, honey, and eggs
- 4. Spread the batter into prepared baking dish
- 5. To make topping, combine coconut oil, coconut sugar, cinnamon, and sliced almonds in a bowl
- 6. Sprinkle topping over cake batter
- 7. Bake at 350° for 25 to 35 minutes
- 8. Cool and serve