

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Green Chile Chicken Bake

From www.thepinningmama.com

3-4 boneless, skinless chicken breasts, trimmed
1 8 oz package cream cheese, softened
1 4 oz can chopped green chiles
1 cup Monterey jack cheese, shredded
½ tsp garlic powder
¼ tsp cumin
¼ tsp pepper

1. Heat the oven to 375° F.
2. In a medium bowl, mix the cream cheese, garlic powder, cumin, salt and pepper until combined. Then stir in the green chiles and stir until evenly mixed.
3. Lay the chicken breasts flat in a baking dish. Cover the chicken breasts with the green chili mixture. Then top with the Monterey jack cheese.
4. Bake on the middle rack for 35-45 minutes or until chicken is cooked through and the juices run clear.