

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Paleo Chocolate Chip Scones

From www.elanaspantry.com

- ½ cup coconut flour
- ¼ tsp sea salt
- ¼ tsp baking soda
- ¼ cup vegan shortening (I have found Spectrum brand vegan shortening at Dierberg's in the health food aisle, and at Whole Foods.)
- ¼ cup honey
- 4 large eggs
- ½ cup (about 3 ounces) dark chocolate chunks, coarsely chopped

1. In a food processor, combine coconut flour, salt and baking soda.
2. Pulse in shortening, honey and eggs
3. Stir in chopped chocolate by hand.
4. Scoop batter onto a parchment paper lined baking sheet.
5. Bake at 350° for 10-14 minutes.
6. Cool and serve.