

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Pumpkin Chocolate Chip Cookies (Paleo-style)

From www.elanaspantry.com

- ¼ cup coconut flour
- ¼ cup arrowroot powder
- 1 teaspoon pumpkin pie spice
- ½ teaspoon celtic sea salt
- ½ teaspoon baking soda
- ½ cup butter, cold, cut into 12 pieces
- ¼ cup canned pumpkin puree
- ¼ cup honey
- ½ cup chocolate chips

1. In a food processor, combine flours, pumpkin pie spice, salt, and baking soda
2. Pulse in butter, pumpkin, and honey until dough forms
3. Remove blade from food processor and stir in chocolate chips by hand
4. Scoop dough one level tablespoon at a time onto a parchment lined baking sheet
5. Press balls of dough down firmly
6. Bake at 350° for 10-15 minutes
7. Cool for 1 hour on baking sheet (do not handle prior or cookies will break)