

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Pumpkin Spice Chocolate Chip Energy Balls

From www.paleomg.com

Serves: 15 energy balls

1 cup cashew butter (You can use almond butter too)
1 cup unsweetened shredded coconut
8 pitted dates
3 tablespoons maple syrup
2 tablespoons vanilla protein powder
2 tablespoons flaxseed meal
2 tablespoons ground chia seeds
1 tablespoon pumpkin pie spice
1 teaspoon vanilla extract
½ cup Enjoy Life Mini Chocolate Chips

1. Place all ingredients in a food processor (except for the chocolate chips) and pulse until completely combine.
2. Then fold in chocolate chips until combine. Place in fridge to firm up for about 30 minutes.
3. Use a cookie scoop to scoop mixture then press mixture firmly in the cookie scoop. Remove then form ball with hands. Repeat until all mixture is gone, about 14-15 energy balls.
4. Store in fridge until serving.