

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Roasted Green Beans

From www.weelicious.com

1 lb green beans, rinsed, tips cut off
1 tbsp olive oil
½ tsp salt
¼ tsp garlic powder

1. Preheat oven to 400°F.
2. Place all of the ingredients on a baking sheet (I like to line mine with foil for easy clean up.) and toss to combine.
3. Bake for 30 minutes.
4. Serve.