

Healthy Recipe of the Week

Use Organic ingredients whenever possible.

Jalapeno Popper Chicken Casserole

From www.joyfilleddeats.com

2 lbs chicken breasts, cooked and chopped
8 oz cream cheese
1/2 cup mayo
1/2 cup sour cream
1/2 cup shredded cheddar
1/2 cup bacon, cooked and chopped
1/2 cup jalapeno or poblano pepper, seeded and diced
1 tsp garlic powder
1/2 tsp salt

Topping:

1/4 cup shredded cheddar
1/4 cup bacon, cooked and chopped
1 thinly sliced and seeded jalapeno optional

1. Combine the first 8 casserole ingredients in a large bowl. Mix until smooth. Add the cooked chicken.
2. Put into a greased casserole dish. Top with the reserved cheddar, bacon, and sliced jalapenos (if using).
3. Bake at 350° for 35 minutes or until bubbly and hot. Serve with a side salad.